

Stay up to date with
your teacher's pension.

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Check in on your pension

It's important to regularly check in on your pension and make sure you're moving towards the retirement you want. We update your Benefit Statement each month based on the latest service details we get from your employer, meaning you can easily see how your pension is building up.

You can view your Benefit Statement via My Pension Online (MPO). If you haven't already registered it's simple to do and only takes a few minutes. You can [register on our website](#).

If you're unsure about any of the information in your Statement or how to find it, [view our short video](#).

[View my Benefit Statement](#)



Are your personal details up to date?

It's important to ensure your personal details are kept up to date, including any name changes or changes to your address or circumstances. In most cases you can **update your details easily through MPO**.

Due to security reasons we're unable to accept changes to your details via phone, email, or the secure chat/WhatsApp service.



Keep your family protected

Did you know that one of the key benefits of your pension starts the day you become a member of the Scheme? This is your in-service death grant. It's a

lump sum paid out to your loved ones if something were to happen to you while you're still teaching.

You can make a nomination on MPO to make sure your grant goes to the person you want it to.

You can find out more about this in the [Life Events](#) section on our website. It's important to make sure you keep this nomination up to date. If you don't have an MPO account, you can [register on our website](#).

[Log in to MPO](#)



View our case studies

We know pensions can seem daunting, especially at the start of your career when retirement seems so far in the future.

To help you get started we've put together some case studies to show how other members have made the most out of the Scheme at various stages throughout their career.

[Read our case studies online](#)



Submitting an application

If you're submitting a paper application and already have an MPO account, please make sure you complete the email address section using the email address you used to register for MPO. Using a different email address may cause issues when you next come to log in to MPO.

We always recommend you use a personal email address when registering for MPO rather than a work email.



New calculators

We recently launched our **Scheme Personalised Calculator on MPO**, which'll give you a forecast of your pension benefits based on your data.

We've also updated our MPO Family Benefits calculator. This estimates the pension benefits which a spouse or civil partner is entitled to, in the event of a member's death.

[Log in to use our calculators](#)



Have you checked your service history?

With MPO you can check your service (employment) history. This is where we keep the information about your service that we receive each month from your employer. We use this service to calculate your pension benefits, so it's important that the information is correct.

We recommend logging in to MPO regularly and ensuring everything is as you expect. If anything is wrong or missing, you need to speak to your employer

at the time of service and ask them to update it.

[View our missing service FAQs](#)



Providing support

We understand that teaching goes beyond the classroom and now more than ever we want to highlight help that's available to you.

We've created a hub on our website to provide you with links to subjects such as money management, financial wellbeing and supporting your mental health.

[View our Lifestyle Hub](#)

www.teacherspensions.co.uk

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