

Teachers' Pensions Cookie Preferences

We use cookies to give the best experience on our site. Some essential cookies are needed to make the site work and we'd also like to set some additional ones to understand how you use the site, when accessed directly or via a third-party site, to help us improve the usability and services available. You can control these by clicking 'Manage Cookies'. Information on the cookies we use can be found on our [privacy page](#).

[Manage Cookies](#)[Accept All Cookies](#)[For Members](#) [For Employers](#)[Member Registration](#) [Log in](#)**Teachers' Pensions** | [For Members](#)[Lifestyle](#) [Resources](#) [Videos](#) [FAQs](#) [Calculators](#) [Forms](#) [News](#)[New starter](#)[Working life](#)[Planning retirement](#)[Once retired](#)[Scheme changes](#)[My Account](#)[Quick pension estimate](#)[Annual Allowance](#)[How much can you earn as a retired member?](#)[Flexibilities](#)[Methodology](#)

Annual Allowance



We are now directing members to the HMRC website to use their Annual Allowance calculators.

HMRC provide multiple calculators which take account of the different rules which apply. Please read the HMRC page carefully and use the correct calculator for the year(s) you wish to calculate. If you're impacted by Transitional Protection please read our dedicated page on **Annual Allowance** as you'll need to make any adjustments to your allowance via the **HMRC website**.

Click the link below to visit the HMRC website and use their Annual Allowance calculators.

We provide **supporting information** on the taxation of pension accrual in the **Tax and National Insurance** section of our website.

[> Annual Allowance calculators](#)

Last Updated: 22/11/2024 09:02

Related Information

[> My Pension Online](#)

[> Register](#)



Get the most out of your pension >

Forms

Ready to apply? Our forms page has everything you'll need to get started.

[> Forms](#)

Calculators

Get an insight into how your pension is built and explore your options.

[> Calculators](#)

FAQ's

Find the answers with our range of Frequently Asked Questions.

[> FAQs](#)

Follow us on social media

Find us on social media to get the latest news and announcements from Teachers' Pensions



[> Like us on Facebook](#)



[> Join us on LinkedIn](#)



[> Follow us on X](#)



[> Subscribe to our YouTube channel](#)

[Contact Us](#) [Glossary](#) [Legal](#) [Privacy](#) [Security](#) [Accessibility](#) [Site Map](#) [Links](#) [Governance](#) [Department for Education](#)

Copyright © Teachers' Pensions 2025 All rights reserved. Pension Scheme Registry Number 10005209 (2010 scheme and earlier); and 10276733 (2015 scheme)