

Teacher's Pensions Cookie Preferences

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 - My Account

Web maintenance will take place on Sunday 28 April. We apologise for any inconvenience.	
Scheme membership	<h2>My Pension Online</h2> <p>My Pension Online is the Teachers' Pension online portal designed to help you manage your pension more efficiently.</p> <p>Here are the answers to some frequently asked questions about the portal.</p> <div>Open all FAQsClose all FAQs</div>
Working life	
Taking a break	
Planning retirement	
Once retired	
P60	<h3>Frequently Asked Question 1: What is My Pension Online (MPO)?</h3> <p>Answer:</p> <p>My Pension Online is a secure portal that lets you check and manage your Teacher's pension online.</p>
Payslips	
Re-employment	<h3>Frequently Asked Question 2: I was logged out due to concurrent log ins. What does this mean?</h3> <p>Answer:</p> <p>In instances where an account is logged into twice it will log out both sessions. Often this is caused by a closed window or tab and logging back in. However, if you suspect somebody may be trying to access your account, please amend your log in details and let us know.</p>
Divorce and Pension credit members	
Bereavement and family benefits	<h3>Frequently Asked Question 3: I've identified an area for improvement. What do I do?</h3> <p>Answer:</p> <p>You can provide feedback to us by completing our online survey. The survey is located on your dashboard and can be accessed by clicking on the 'Share your experience' link.</p>
My Pension Online (MPO)	
Registration	
Logging in	
MFA	
My Pension Online	
Navigation	

Your Benefit Statement
Top 10
Transitional Protection
Local Government Pension Scheme
Valuation
Secure chat
WhatsApp

Frequently Asked Question 4: What are the benefits of registering for My Pension Online?

Answer:

You can access a personalised estimate of your retirement benefits based on the service and salary details sent to Teachers' Pensions by your employer.

You can also update changes to your personal details (such as name and address) or change your death grant nominees. You can complete and return forms online without having to worry about paper and postage. It's simply the quickest, easiest and safest way to manage your pension.

Frequently Asked Question 5: Why can't I get past the 'change details' page when I log in?

Answer:

Once you've registered for MPO once a year you'll be asked to confirm your details are still up to date. You can use the opportunity to update them, if not please tick the box at the bottom of the screen to proceed to the dashboard as usual.

If you're having trouble we'd recommend first attempting to edit each section, this will help highlight any outstanding information. Once you're happy the information is correct please ensure you tick the box to accept the privacy policy before submitting the form.

If you've already tried both of these options please **contact us**.

Frequently Asked Question 6: Why do I get timed out of MPO?

Answer:

For security reasons you'll be logged out of your MPO account after 20 minutes of inactivity.

Forms

Ready to apply? Our forms page has everything you'll need to get started.

[➤ Forms](#)

Calculators

Get an insight into how your pension is built and explore your options.

[➤ Calculators](#)

FAQ's

Find the answers with our range of Frequently Asked Questions.

[➤ FAQs](#)

Related Information

[➤ My Pension Online](#)

[➤ Register](#)





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