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Teacher's Pensions Cookie Preferences

We use cookies to give the best experience on our site. Some essential cookies are needed to make the site work and we'd also like to set some additional ones to understand how you use the site, when accessed directly or via a third-party site, to help us improve the usability and services available. You can control these by clicking 'Manage Cookies'. Information on the cookies we use can be found on our **privacy page**.

| Manage Cookies | All Cookies |
|---|--|
| Members For Employers | Member Registration Log in |
| P Teachers' For Pensions Mer | nbers |
| Lifestyle Resources Videos FAQs Calculators Forms News New starter Working life Planning retirement | |
| Once retired Scheme changes My Account | |
| Scheme membership | Web maintenance will take place on Sunday 28 April. We apologise for any inconvenience. |
| Working life | My Pension Online is the Teachers' Pension online portal designed to help you manage your pension more efficiently. Here are the answers to some frequently asked questions about the portal. |
| Taking a break | |
| Planning retirement | |
| Once retired | Open all FAQs Close all FAQs |
| P60 | |
| | Frequently Asked Question 1: What is My Pension Online (MPO)? |
| Payslips | Frequently Asked Question 1: What is My Pension Online (MPO)? |
| Payslips Re-employment | Frequently Asked Question 1: What is My Pension Online (MPO)? Answer: My Pension Online is a secure portal that lets you check and manage your Teacher's pension online. |
| | Answer: |
| Re-employment Divorce and Pension credit | Answer: My Pension Online is a secure portal that lets you check and manage your Teacher's pension online. |
| Re-employment Divorce and Pension credit members Bereavement and family | Answer: My Pension Online is a secure portal that lets you check and manage your Teacher's pension online. Frequently Asked Question 2: I was logged out due to concurrent log ins. What does this mean? |
| Re-employment Divorce and Pension credit members Bereavement and family benefits | Answer: My Pension Online is a secure portal that lets you check and manage your Teacher's pension online. Frequently Asked Question 2: I was logged out due to concurrent log ins. What does this mean? Answer: In instances where an account is logged into twice it will log out both sessions. Often this is caused by a |
| Re-employmentDivorce and Pension credit membersBereavement and family benefitsMy Pension Online (MPO) | Answer: My Pension Online is a secure portal that lets you check and manage your Teacher's pension online. Frequently Asked Question 2: I was logged out due to concurrent log ins. What does this mean? Answer: In instances where an account is logged into twice it will log out both sessions. Often this is caused by a closed window or tab and logging back in. However, if you suspect somebody may be trying to access your |
| Re-employmentDivorce and Pension credit membersBereavement and family benefitsMy Pension Online (MPO)Registration | Answer: My Pension Online is a secure portal that lets you check and manage your Teacher's pension online. Frequently Asked Question 2: I was logged out due to concurrent log ins. What does this mean? Answer: In instances where an account is logged into twice it will log out both sessions. Often this is caused by a closed window or tab and logging back in. However, if you suspect somebody may be trying to access your account, please amend your log in details and let us know. Frequently Asked Question 3: I've identified an area for improvement. What do I do? |
| Re-employmentDivorce and Pension credit membersBereavement and family benefitsMy Pension Online (MPO)RegistrationLogging in | Answer: My Pension Online is a secure portal that lets you check and manage your Teacher's pension online. Frequently Asked Question 2: I was logged out due to concurrent log ins. What does this mean? Answer: In instances where an account is logged into twice it will log out both sessions. Often this is caused by a closed window or tab and logging back in. However, if you suspect somebody may be trying to access your account, please amend your log in details and let us know . |

| Your Benefit Statement | Frequently Asked Question 4: What are the benefits of registering for My Pension Online? |
|------------------------------------|--|
| Тор 10 | – Answer: |
| Transitional Protection | You can access a personalised estimate of your retirement benefits based on the service and salary details sent |
| Local Government Pension Scheme | to Teachers' Pensions by your employer. You can also update changes to your personal details (such as name and address) or change your death grant nominees. You can complete and return forms online without having to worry about paper and postage. It's |
| Valuation | simply the quickest, easiest and safest way to manage your pension. |
| Secure chat | Frequently Asked Question 5: Why can't I get past the 'change details' page when I log in? |
| WhatsApp | Answer: |
| | Once you've registered for MPO once a year you'll be asked to confirm your details are still up to date. You can use the opportunity to update them, if not please tick the box at the bottom of the screen to proceed to the dashboard as usual. |

If you're having trouble we'd recommend first attempting to edit each section, this will help highlight any outstanding information. Once you're happy the information is correct please ensure you tick the box to accept the privacy policy before submitting the form.

If you've already tried both of these options please contact us.

Frequently Asked Question 6: Why do I get timed out of MPO?

Answer:

For security reasons you'll be logged out of your MPO account after 20 minutes of inactivity.

Forms

Ready to apply? Our forms page has everything you'll need to get started.

> Forms

Calculators

Get an insight into how your pension is built and explore your options.

> Calculators

FAQ's

Find the answers with our range of Frequently Asked Questions.

> FAQs

Related Information

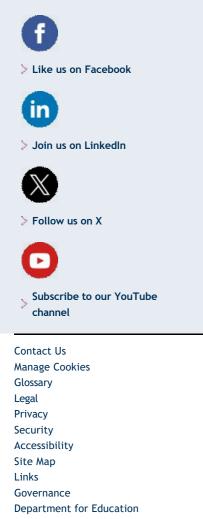
- > My Pension Online
- Register





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