

Teacher's Pensions Cookie Preferences

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Scheme membership
Working life
Taking a break
Leaving or taking a break from the Scheme
Opting out
Deferred membership
Repayments
Transfers
Planning retirement
Once retired
P60
Payslips
Re-employment
Divorce and Pension credit members
Bereavement and family benefits
My Pension Online (MPO)

We're experiencing high levels of contact, we appreciate your patience at this time.

Taking a break

Take a look at the 'Taking a break' frequently asked questions relating to:

- [Leaving or taking a break](#)
- [Opting out](#)
- [Deferred membership](#)
- [Repayments](#)
- [Transfers](#)

Open all FAQs

Close all FAQs

Forms

Ready to apply? Our forms page has everything you'll need to get started.

- [Forms](#)

Calculators

Get an insight into how your pension is built and explore your options.

- [Calculators](#)

[Your Benefit Statement](#)

[Top 10](#)

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FAQ's

Find the answers with our range of Frequently Asked Questions.

[FAQs](#)

Related Information

[My Pension Online](#)

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