Skip to user type links ( Member or Employer) Skip to Sign In / Sign out or Registration links Skip to Primary Navigation Skip to main content

## Teacher's Pensions Cookie Preferences

We use cookies to give the best experience on our site. Some essential cookies are needed to make the site work and we'd also like to set some additional ones to understand how you use the site, when accessed directly or via a third-party site, to help us improve the usability and services available. You can control these by clicking 'Manage Cookies'. Information on the cookies we use can be found on our privacy page.

Manage Cookies

Accept All Cookies

For Members

For Employers

Member Registration Log in



Lifestyle

Resources

Videos

**FAQs** 

Calculators

**Forms** 

News

New starter

Working life

Planning retirement

Once retired

Scheme changes

My Account

Scheme membership

Working life

Adding to your pension with **Flexibilities** 

**Additional Voluntary** Contributions (AVCs)

Got a question about Additional Voluntary Contributions? You've come to the right place.

Additional Voluntary Contributions (AVCs) Open all FAQs

Close all FAQs

Annual allowance and Lifetime allowance

Frequently Asked Question 1: What are Additional Voluntary Contributions (AVCs)?

Maternity, Paternity and

Answer:

Additional Voluntary Contributions (AVCs) give you the option to pay contributions to build up additional retirement funds. These are administered by The Prudential (This link opens in a new window).

**Transfers** 

Family leave

Taking a break

Frequently Asked Question 2: How do I find out more about AVCs and Prudential?

Planning retirement

Answer:

Once retired

You can find out more by visiting their website at www.pru.co.uk/connect (This link opens in a new window). You can also speak to Prudential's Retirement Specialists team on 0345 600 0343, Monday to Friday, 8.30am to

P60

**Payslips** 

Frequently Asked Question 3: How do I contact Prudential?

Re-employment

Answer:

Divorce and Pension credit members

You can contact Prudential by calling 0345 600 0343 Monday to Friday, 8.30am to 6pm. You can also visit their website at www.pru.co.uk/connect (This link opens in a new window)

Bereavement and family

(This link opens in a new window)

My Pension Online (MPO)	Frequently Asked Question 4: How do I find out what benefits will be due from my AVC?
Your Benefit Statement	Answer:
Top 10	The In House AVC facility is administered by Prudential so you should contact them with any queries regarding the amounts that may become payable.
Transitional Protection	The address for enquiries is:
Local Government Pension Scheme	Prudential Teachers' AVC Prudential Lancing
Valuation	<ul> <li>BN15 8GB</li> <li>Telephone: 0345 600 0343 (Mon-Fri, 8.30am-6pm)</li> <li>Website: www.pru.co.uk/connect (This link opens in a new window)</li> </ul>
Secure chat	website. www.pru.co.uk/connect (This link opens in a new window)
WhatsApp	Frequently Asked Question 5: Will I receive my teachers AVC benefits when I receive my pension fro
	Answer:
	Payment of your teachers' AVC benefits is not linked to payment of your pension from Teachers' Pensions. You could access your teachers' AVC at any time from age 55. If you have a Free Standing AVC arrangement you'll need to contact the AVC provider as their rules can vary.
	Frequently Asked Question 6: Can I use my AVC fund to purchase Additional Pension?
	Answer:
	No. It's not possible to purchase Additional Pension in the Teachers' Pension Scheme with funds accrued under either an AVC, or Free Standing AVC arrangement, or by using a tax-free lump sum from another pension arrangement.
	Forms
	Ready to apply? Our forms page has everything you'll need to get started.
	> Forms
	Calculators
	Get an insight into how your pension is built and explore your options.
	➤ Calculators
	FAQ's
	Find the answers with our range of Frequently Asked Questions.
	> FAQs
	Related Information
	> My Pension Online

Register

benefits



## Follow us on social media

Find us on social media to get the latest news and announcements from Teachers' Pensions



> Like us on Facebook



> Join us on LinkedIn



> Follow us on X



Subscribe to our YouTube channel

Contact Us

Manage Cookies

Glossary

Legal

Privacy

Security

Accessibility

Site Map

Links

Governance

Department for Education

Copyright © Teachers' Pensions 2024 All rights reserved. Pension Scheme Registry Number 10005209 (2010 scheme and earlier); and 10276733 (2015 scheme)