

# Teacher's Pensions Cookie Preferences

We use cookies to give the best experience on our site. Some essential cookies are needed to make the site work and we'd also like to set some additional ones to understand how you use the site, when accessed directly or via a third-party site, to help us improve the usability and services available. You can control these by clicking 'Manage Cookies'. Information on the cookies we use can be found on our [privacy page](#).

Manage Cookies

Accept All Cookies

[For Members](#) [For Employers](#)

[Member Registration](#) [Log in](#)



[Lifestyle](#)  
[Resources](#)  
[Videos](#)  
[FAQs](#)  
[Calculators](#)  
[Forms](#)  
[News](#)

[New starter](#)  
[Working life](#)  
[Planning retirement](#)  
[Once retired](#)  
[Scheme changes](#)  
[My Account](#)

[When you receive your pension](#)

[Return to work](#)

[Death Benefits](#)

[Keeping up to date with your pension](#)

## Keeping up to date with your pension



The easiest way to ensure you're kept up to date with your pension is via My Pension Online (MPO).

MPO is an online PIN protected portal that lets you check and manage your personal pension information, as well as contacting Teachers' Pensions securely. You can complete a range of tasks including accessing your annual P60 and monthly payslips, updating your personal details quickly and easily and completing important online forms.

For more detailed explanation about understanding your P60 watch our [quick video on the P60](#). We also have a [guide to help explain your monthly payslips](#).

If you don't have My Pension Online, why not [register today](#).

### Registering is easy. All you need is:

- Your personal details
- Your National Insurance number
- An email address - we recommend a personal email address

You'll also need to set-up Multi Factor Authentication (MFA) after registration. There are three methods to choose from; SMS, Email or Authenticator App.

To ensure there's no delays with your pension payments, please remember to update your details if you move house or change your bank details.

[➤ Register for My Pension Online](#)

## FAQ

Find out more about My Pension Online.

[➤ Read our FAQs](#)

## Resource

Keep up to date with your pension

[➤ Read our newsletter](#)

## Video

Find out more about MPO.

[➤ Watch our video](#)

## Related Information

[➤ When you receive your pension](#)

[➤ Latest News](#)

[➤ Once retired FAQ's](#)



## Follow us on social media

Find us on social media to get the latest news and announcements from Teachers' Pensions



[➤ Like us on Facebook](#)




[➤ Join us on LinkedIn](#)



[➤ Follow us on X](#)



 [Subscribe to our YouTube channel](#)

---

[Contact Us](#)  
[Manage Cookies](#)  
[Glossary](#)  
[Legal](#)  
[Privacy](#)  
[Security](#)  
[Accessibility](#)  
[Site Map](#)  
[Links](#)  
[Governance](#)  
[Department for Education](#)

Copyright © Teachers' Pensions 2024 All rights reserved. Pension Scheme Registry Number 10005209 (2010 scheme and earlier); and 10276733 (2015 scheme)