

# Teacher's Pensions Cookie Preferences

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Web maintenance will take place on Sunday 28 April. We apologise for any inconvenience.

## Managing your pension



Factsheet	Description
<a href="#">Flexibilities (PDF, 133 KB) (This link opens in a new window)</a>	Information on the options members have to increase their pension benefits.
<a href="#">Faster Accrual (PDF, 131 KB) (This link opens in a new window)</a>	Understanding Faster Accrual. <a href="#">You can view a plain text version here (DOCX, 26 KB) (This link opens in a new window).</a>
<a href="#">Buy Out (PDF, 67 KB) (This link opens in a new window)</a>	Understanding Buy Out
<a href="#">Additional Pension (PDF, 81 KB) (This link opens in a new window)</a>	As a member you're able to choose from a range of flexibilities.
<a href="#">Working out average salary (PDF, 52 KB) (This link opens in a new window)</a>	Explanation on how your average salary is calculated
<a href="#">Working part time (PDF, 76 KB) (This link opens in a new window)</a>	Guide for members covering questions relating to part time work.
<a href="#">Annual Allowance (Scheme Pays) (PDF, 92 KB) (This link opens in a new window)</a>	Information to help members understand the Scheme Pays process.
<a href="#">Understanding what member type you are (PDF, 84 KB) (This link opens in a new window)</a>	Information for members to help them understand the Scheme changes that were introduced on 1 April 2015. This information is only relevant up to 31 March 2022.

<a href="#">Breaks in service (PDF, 76 KB) (This link opens in a new window)</a>	Information for members to help them understand how a break in service can affect calculating your final salary benefits.
<a href="#">Understanding career average (PDF, 65 KB) (This link opens in a new window)</a>	Information for members who moved from final salary to career average to help you understand how the scheme works.
<a href="#">Understanding how your career average pension builds up (PDF, 145 KB) (This link opens in a new window)</a>	Information for career average members to understand how their pension will build up during their years in the Scheme. <a href="#">You can view a plain text version here (DOCX, 37 KB) (This link opens in a new window).</a>
<a href="#">Amendments to the Teachers' Pension Scheme regulations from 1 September 2019 (PDF, 153 KB) (This link opens in a new window)</a>	Information for members to help them understand the regulatory changes that were laid before the Houses of Parliament on 17 July 2019. - Updated September 2021
<a href="#">The Scheme Valuation (PDF, 56 KB) (This link opens in a new window)</a>	Information to help you understand the latest Scheme Valuation.

Last Updated: 08/11/2023 13:31

## Forms

Ready to apply? Our forms page has everything you'll need to get started.

[Forms](#)

## Calculators

Get an insight into how your pension is built and explore your options.

[Calculators](#)

## FAQ's

Find the answers with our range of Frequently Asked Questions.

[FAQs](#)

## Related Information

[My Pension Online](#)

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