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## Guides



The internet's great. But sometimes you need a paper copy to take away and read.

That's why we've condensed all of the relevant Scheme information into handy member guides, designed specifically for your career stage.

**Please note these documents were correct at the time of publication. We're currently working to update them to reflect the recent Goodwin and Transitional Protection changes.**

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[New Starter Guide \(PDF, 14.9 MB\)](#) (This link opens in a new window)

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[Active Teacher Guide \(PDF, 15.0 MB\)](#) (This link opens in a new window)

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[Deferred Teacher Guide \(PDF, 16.0 MB\)](#) (This link opens in a new window)

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[Retirement Planning Guide \(PDF, 15.3 MB\)](#) (This link opens in a new window)  
(You can download the Retirement planning guide as plain text here) (DOCX, 54 KB) (This link opens in a new window)

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[Retired Teacher Guide \(PDF, 15.6 MB\)](#) (This link opens in a new window)  
(You can download the Retired Teacher Guide as plain text here) (DOCX, 55 KB) (This link opens in a new window)

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[Ill health Guide \(PDF, 13.7 MB\)](#) (This link opens in a new window)

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[My Pension Online Guide \(PDF, 1000 KB\)](#) (This link opens in a new window)

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[Family Benefits Guide \(PDF\)](#) (This link opens in a new window)

[➤ Pensions on divorce guide \(For Pension Credit Members\) \(PDF, 990 KB\) \(This link opens in a new window\)](#)

Last Updated: 18/01/2024 15:00

## FAQ

Find out more about My Pension Online.

[➤ Read our FAQs](#)

## Video

Understand the Scheme.

[Watch the videos](#)

## Video

Find out what you can do with MPO.

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## Related Information

[➤ New Starter](#)

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[➤ Planning Retirement](#)



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