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[Resources](#)  
[Videos](#)  
[FAQs](#)  
[Calculators](#)  
[Forms](#)  
[News](#)

[New starter](#)  
[Working life](#)  
[Planning retirement](#)  
[Once retired](#)  
[Scheme changes](#)  
[My Account](#)

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## Getting ready for retirement



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You have lots of options when it comes to taking your pension, so we've answered the most common questions to help you plan for your retirement.

Registering for a MPO account? You'll need;

- A few personal details
- Your National Insurance number
- An email address - we recommend a personal email address

Useful links;

[Registration \(This link opens in a new window\)](#)

[➤ Planning retirement \(This link opens in a new window\)](#)

[➤ Forms \(This link opens in a new window\)](#)

## Forms

Ready to apply? Our forms page has everything you'll need to get started.

[➤ Forms](#)

## Calculators

Get an insight into how your pension is built and explore your options.

[➤ Calculators](#)

## FAQ's

Find the answers with our range of Frequently Asked Questions.

[➤ FAQs](#)

## Our videos



Looking for something else to watch, we've plenty of informative videos to help you understand your pension.

[➤ More videos](#)

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