

# Teacher's Pensions Cookie Preferences

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[Forms](#)  
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## Making the most of retirement



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### Having trouble with YouTube?

➤ [Watch it on Vimeo \(This link opens in a new window\)](#)

Find out what to expect from your pension. From when you'll receive your first pension payment to what you'll need to do if you decide to go back to work - our easy video guide gives you all the facts you'll need to know about your retirement.

Registering for a MPO account? You'll need;

- A few personal details
- Your National Insurance number
- An email address - we recommend a personal email address

Useful links;

➤ [Registration \(This link opens in a new window\)](#)

[➤ Calculators \(This link opens in a new window\)](#)

[➤ Re-employment \(This link opens in a new window\)](#)

## Forms

Ready to apply? Our forms page has everything you'll need to get started.

[➤ Forms](#)

## Calculators

Get an insight into how your pension is built and explore your options.

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## FAQ's

Find the answers with our range of Frequently Asked Questions.

[➤ FAQs](#)

## Our videos



Looking for something else to watch, we've plenty of informative videos to help you understand your pension.

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