

# Teacher's Pensions Cookie Preferences

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We're experiencing high levels of contact, we appreciate your patience at this time.

## Changes to My Pension Online

We've a range of online resources to help you understand your pension. Some of the most popular resources include our suite of short and simple videos. We've everything from getting to know your benefits, making sure you have all the facts about retirement, getting to grips with My Pension Online and understanding your Benefit Statement.

Why not spend some time getting answers to important questions so you feel confident about your pension?

We're also now using Facebook, Twitter, LinkedIn and YouTube. So if you're using Social Media get involved and be part of the Teachers' Pensions conversation!

Last Updated: 07/08/2017 12:56

## Related Information

- [➤ My Pension Online](#)
- [➤ Register](#)
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## Latest News

The latest policy updates and announcements about the scheme and the news that affects it:

- [Passionate about education? Make a difference as an examiner/moderator this summer](#)
- [Latest factor changes](#)
- [Changes to Lifetime Allowance from 6 April 2024](#)
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